

PLANTING PERIOD GUIDE

- Optimal
- Acceptable
- Not Recommended



VEGETABLE PLANTING GUIDE

	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Asparagus	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended
Beans (bush)	Not Recommended	Not Recommended	Optimal	Optimal	Optimal	Optimal	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended
Beans (pole)	Not Recommended	Not Recommended	Optimal	Optimal	Optimal	Optimal	Optimal	Optimal	Not Recommended	Not Recommended	Not Recommended	Not Recommended
Beets	Optimal	Optimal	Optimal	Optimal	Optimal	Acceptable	Acceptable	Acceptable	Acceptable	Optimal	Optimal	Optimal
Broccoli	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Acceptable	Optimal	Optimal	Optimal
Brussel Sprouts	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Acceptable	Optimal	Optimal	Optimal
Cabbage	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal
Cantaloupe	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended
Carrots	Optimal	Optimal	Optimal	Optimal	Optimal	Acceptable	Acceptable	Acceptable	Optimal	Optimal	Optimal	Optimal
Cauliflower	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal
Celery	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal	Optimal	Acceptable
Chives	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Acceptable	Optimal	Optimal
Collards	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal
Corn	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal	Optimal	Optimal	Not Recommended	Not Recommended	Not Recommended	Not Recommended
Cucumbers	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal	Optimal	Optimal	Not Recommended	Not Recommended	Not Recommended	Not Recommended
Eggplant	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended
Endive	Optimal	Acceptable	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal
Favas	Optimal	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal
Jicama	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended
Kale	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal
Kohl Rabi	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal
Leeks	Acceptable	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal	Optimal
Lettuce	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal
Lima Beans	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal	Optimal	Optimal	Not Recommended	Not Recommended	Not Recommended	Not Recommended
Mustard	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal
Okra	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended
Onions	Optimal	Optimal	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal
Parsley	Optimal	Optimal	Optimal	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal
Parsnip	Optimal	Optimal	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal
Peas	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal
Peppers	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended
Potatoes	Optimal	Optimal	Optimal	Acceptable	Acceptable	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended
Pumpkin	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended
Radish	Optimal	Optimal	Optimal	Optimal	Optimal	Acceptable	Acceptable	Acceptable	Acceptable	Optimal	Optimal	Optimal
Rutabaga	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal
Spinach	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal
Squash (summer)	Not Recommended	Optimal	Optimal	Optimal	Optimal	Optimal	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended
Squash (winter)	Not Recommended	Not Recommended	Optimal	Optimal	Optimal	Optimal	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended
Sunflowers	Not Recommended	Not Recommended	Acceptable	Acceptable	Optimal	Optimal	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended
Swiss Chard	Optimal	Optimal	Optimal	Optimal	Optimal	Acceptable	Acceptable	Acceptable	Acceptable	Optimal	Optimal	Optimal
Tomatoes	Not Recommended	Not Recommended	Acceptable	Optimal	Optimal	Optimal	Optimal	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended
Turnips	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Optimal
Watermelon	Not Recommended	Not Recommended	Not Recommended	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended	Not Recommended
Zucchini	Not Recommended	Optimal	Optimal	Optimal	Optimal	Optimal	Optimal	Optimal	Acceptable	Not Recommended	Not Recommended	Not Recommended



This table lists the recommended times to sow vegetable seeds for the typical Southern California climate. When buying transplants, remember to adjust for the age of the plant (about 1-2 months).

Source: Digital Seed